

Senior Falls Prevention Resources in Washoe County

- **Free local geriatric medication assessments:**

Sanford Center for Aging

Geriatric Specialty Care Center - Medication Therapy Management program

Website: <https://med.unr.edu/aging/outreach>

Phone: (775) 784-4774; (775) 982-1200, option 3

Email: sanford@unr.edu

Address: 6130 Plumas St, Reno NV 89519

- **Free or low-cost falls prevention exercise classes for seniors:**

Sanford Center for Aging

Community Wellness Programs: Stepping On, Fit & Strong, and Healthy Steps for Older Adults

Website: <https://med.unr.edu/aging/outreach>

Phone: 775-235-8862

Email: wellness.sca@unr.edu

Address: 1664 N. Virginia St, Reno NV 89557

- **Qualifying home safety modification programs in Northern Nevada:**

CARE Chest Northern Nevada

Independent Living and CARE Loans

Website: [Independent Living and CARE Loans — CARE Chest](#)

Phone: 775-829-2273

Email: info@CAREChest.com

Address: 7910 N. Virginia St, Reno NV 89506

“The Medical Equipment Program provides safety and mobility items to those in need. Durable medical equipment is loaned for as long as it is needed, and one-time use supplies can be re-ordered monthly to the low-income Nevadans. We provide items such as:

- Wheelchairs, Walkers, Transfer benches”

This organization provides Nevadans with assistive technology to make home or vehicle modifications to promote independent living. The CARE Loans program provides Nevadans with permanent disabilities financial assistance to purchase assistive technology. Durable medical equipment may also be loaned to those in need.

Rebuilding Together Northern Nevada (RTNNV)

Safe and Healthy Housing program

Website: [Safe and Healthy housing repair services \(rebuildingtogethernnv.org\)](http://rebuildingtogethernnv.org)

Phone: 775-395-9808

Email: home@rtnnv.org

Address: P.O. Box 19432 Reno, NV 89511

“Through a collaboration with the [National Center for Healthy Housing](#), Rebuilding Together developed a set of 360 specs for common repairs based on the [Principles of Healthy Homes](#). This includes 25 Health and Safety Priorities that address significant health and safety hazards in homes. Each home has varying degrees of need and some projects may only address a single priority, such as installing a ramp, or several items, such as roof repair, energy efficiency upgrades, and grab bars.”

This program provides common home repairs based on individual needs. The home repairs are also designed to address any health/safety dangers that may be present in the home. These repairs may include installing ramps or grab bars, roof repairs, or making the home more energy efficient.

Catholic Charities of Northern Nevada & The St. Vincent's Programs – Resource Hub

Senior Home Modifications program

Phone: (775) 322-7073 ext. 341

Email: rvanhest@ccsnn.org

Address: 500 E. 4th St. Reno, NV 89512

“Are you a homeowner aged 60 or older or an adult with a disability? You may qualify for safety upgrades to your home at no cost. A licensed, insured, and bonded handyman may help with one or more of the following:

- Toilet modification, grab bar, wheelchair ramp.

- Also: fire extinguisher, window trim or replacement, smoke and carbon monoxide detector, washer and dryer replacement, in-window air conditioner; replacement fridge or range if old one is in non-working condition. And, possibly more items that might be tailored to your unique circumstances!”

All Valley Home Care - Northern Nevada

Website: <https://allvalleyreno.com/>

Phone: 775-828-6420

Address: 1325 Airmotive Way Ste. 262, Reno NV 89502

This organization assists clients from the comfort of their homes in ways that promote independent living.

***Veterans Only*: Minor Home Modification for Persons with disabilities Program**

Website: <https://veterans.nv.gov/resources/minor-home-modification-for-persons-with-disabilities/>

Phone: (775) 838-6256 – Prosthetics Department

Address: Reno VA Medical Center 975 Kirman Ave, Reno, NV 89502

Veterans only with or without a service-connected disability; order from primary care doctor. The program “Provides consumers residing in Reno a safe and accessible home environment. Services include installation of:

- Ramps, grab bars, door widening, handrails, etc.”